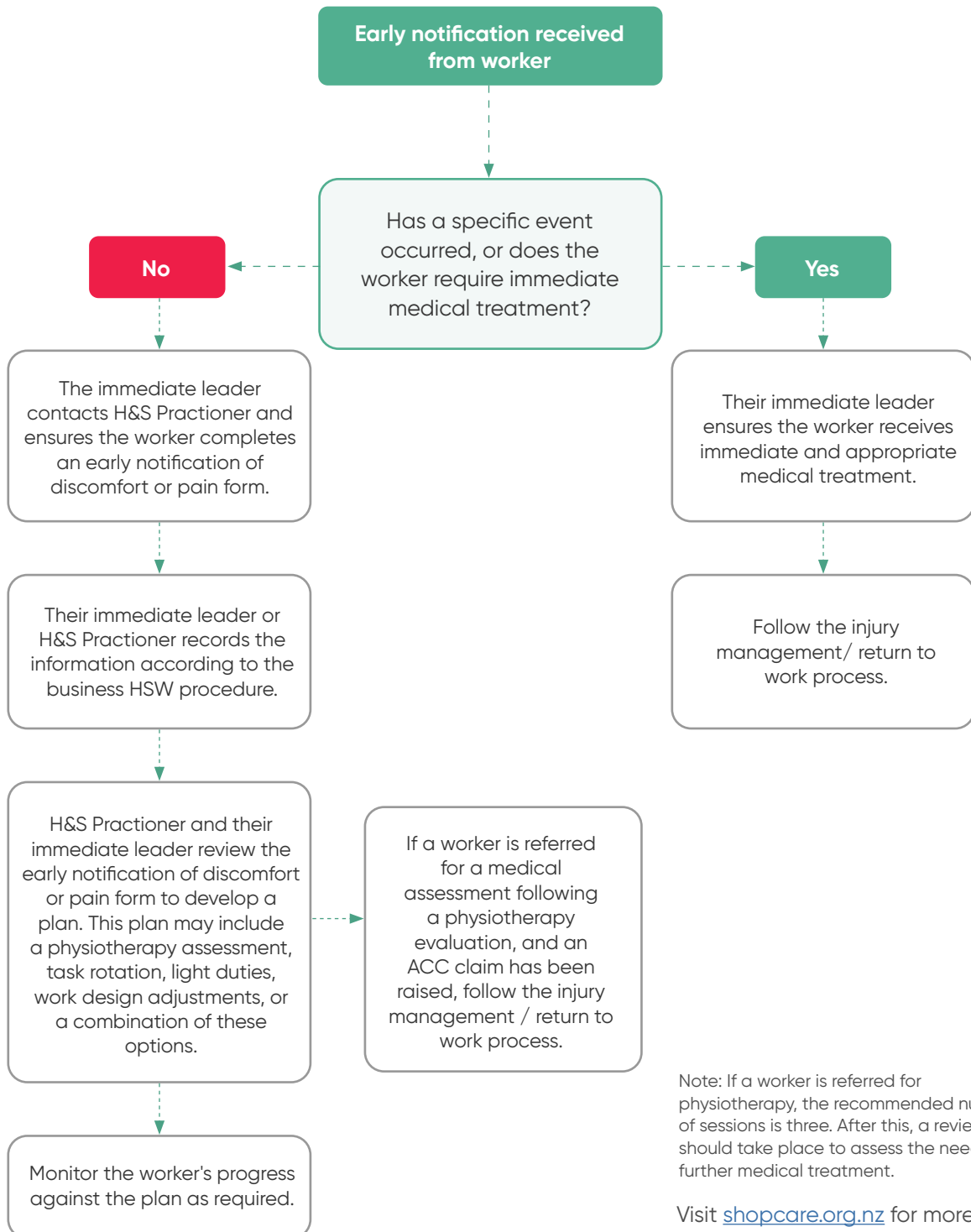


Early intervention of discomfort or pain: flowchart

Refer to the flowchart to decide the appropriate treatment route to follow.



Note: If a worker is referred for physiotherapy, the recommended number of sessions is three. After this, a review should take place to assess the need for further medical treatment.

Visit shopcare.org.nz for more helpful resources.